March A-Z Listings

3 Steps to Pain-Free Living
KQED 9 #000B Sun 3/8 11am, Sat 3/14 6am
KQED+ #000B Sun 3/1 9am

5 Steps to a Loving & Purposeful Life
KQED 9 #000B Fri 3/6 8pm, Sat 3/7 2am

AfroPop: The Ultimate Cultural Exchange
KQED 9 Gilda Brasileiro: Against Oblivion Tue 3/3 11pm, Wed 3/4 5am, Tue 3/10 mid & 11pm, Mon 3/9 5am, Fri 3/13 5am
KQED+ Gilda Brasileiro: Against Oblivion Thu 3/19 10am; Twelve Disciples of Nelson Mandela and Spit On The Broom Thu 3/26 10am

Age Fix with Anthony Youn, MD
KQED 9 #000B Wed 3/11 1pm

Aging Backwards 3 with Miranda Esmonde-White
KQED 9 #000B Sun 3/1 mid, Tue 3/10 1pm, Mon 3/16 11pm, Tue 3/17 5am
KQED+ #000B Sun 3/1 mid & 11pm, Mon 3/2 5am, Fri 3/13 7pm, Sat 3/14 1am, Sun 3/15 10:30am

Alice Waters: American Masters
KQED 9 Alice Waters and Her Delicious Revolution Fri 3/20 9pm, Sat 3/21 3am

Amanpour and Company
KQED 9 #2175H Mon 3/2 4pm; #2176H Tue 3/3 mid & 4pm; #2177H Wed 3/4 mid & 4pm; #2178H Thu 3/5 mid & 4pm; #2179H Fri 3/6 mid & 4pm; #2180H Sat 3/7 mid, Mon 3/9 4pm; #2181H Tue 3/10 mid & 4pm; #2182H Wed 3/11 mid & 4pm; #2183H Thu 3/12 mid & 4pm; #2184H Fri 3/13 mid & 4pm; #2185H Sat 3/14 mid, Mon 3/16 4pm; #2186H Tue 3/17 mid & 4pm; #2187H Wed 3/18 mid & 4pm; #2188H Thu 3/19 mid & 4pm; #2189H Fri 3/20 mid & 4pm; #2190H Sat 3/21 mid, Mon 3/23 4pm; #2191H Tue 3/24 mid & 4pm; #2192H Wed 3/25 mid & 4pm; #2193H Thu 3/26 mid & 4pm; #2194H Fri 3/27 mid & 4pm; #2195H Sat 3/28 mid, Mon 3/30 4pm; #2196H Tue 3/31 mid & 4pm

American Woodshop
KQED+ Segmented Salad Bowls and Laminated Tablewares Tue 3/24 11:30am; Wright-Inspired Art Glass Freestanding Cabinet Tue 3/31 11:30am

America Revealed
KQED+ Food Machine Mon 3/2 4pm; Nation on the Move Mon 3/9 4pm; Electric Nation Mon 3/16 4pm; Made in the U.S.A. Mon 3/23 4pm

America's Forests with Chuck Leavell
KQED+ #101H Wed 3/11 11:30am; #102H Thu 3/12 11:30am

America's Home Cooking:
Stuffed
KQED 9 #000B Sat 3/14 8am

America's Test Kitchen from Cook's Illustrated
KQED 9 Chocolate Delights Mon 3/2 7pm, Tue 3/3 1am; Roast Chicken and Sprouts Mon 3/9 7pm, Tue 3/10 1am; How to Braise Everything Mon 3/16 7pm, Tue 3/17 1am; #2009H Mon 3/23 7pm, Tue 3/24 1am; #2010H Mon 3/30 7pm, Tue 3/31 1am
KQED+ Chocolate Delights Thu 3/5 2:30pm; Roast Chicken and Sprouts Thu 3/12 2:30pm; How to Braise Everything Thu 3/19 2:30pm; #2009H Thu 3/26 2:30pm

Anne Morgan's War
KQED+ #000H Mon 3/23 11:06pm, Tue 3/24 5:06am

Anne Morrow Lindbergh: You'll Have The Sky
KQED+ #000H Tue 3/10 11:30pm, Wed 3/11 5:30am, Thu 3/19 10:30pm, Fri 3/20 4:30am

Antiques Roadshow
KQED 9 Crocker Art Museum Hour 3 Mon 3/23 8pm, Tue 3/24 2am; Desert Botanical Garden Hour 1 Mon 3/23 9pm, Tue 3/24 3am; Desert Botanical Garden Hour 2 Mon 3/30 8pm, Tue 3/31 2am; Spokane, Hour One Mon 3/30 9pm, Tue 3/31 3am
KQED+ Green Bay, Hour Two Fri 3/20 7pm, Sat 3/21 1am; Crocker Art Museum Hour 1 Fri 3/27 7pm, Sat 3/28 1am

A Place to Call Home
KQED+ The Welcome Mat Tue 3/24 8pm, Wed 3/25 2am; Truth Will Out Tue 3/31 8pm

Aretha! Queen of Soul
KQED+  #000H Thu 3/5
11:30am

Arthur
KQED 9  Kids Are from Earth, Parents Are from Pluto/Nerves of Steal Mon 3/2
6:30am
KQED+  Kids Are from Earth, Parents Are from Pluto/Nerves of Steal Mon 3/2
5:30pm

Ask This Old House
KQED+  Water Filter, Fire Pit, Wood Mon 3/2 6:30pm; Alaska Generator, Wood Floor Tue 3/3 6:30pm; Clogged Pipe, Convection Heat Wed 3/4 6:30pm; Build It, Future House, Sarge Thu 3/5 6:30pm; Rain Garden, Cabinet Hardware Fri 3/6 6:30pm; Hawaii Makes 50 Mon 3/9 6:30pm; Window, Robotic Mower, Lead Tue 3/10 6:30pm; Fire Prevention, Strainer Wed 3/11 6:30pm; Bookshelf, Foundation Plants Thu 3/12 6:30pm; Molding Raceway, Deck Board Fri 3/13 6:30pm; Molding Raceway, Deck Board Mon 3/16 6:30pm; HVAC Zoning, Plastic Patch Tue 3/17 6:30pm; Reclaimed Bench, Robotic Wall Wed 3/18 6:30pm; Laundry, 3-Way Switch, Saw Thu 3/19 6:30pm; Microgreens, Wheelchair Lift Fri 3/20 6:30pm; Wood Shop, Wireless Switch Mon 3/23 6:30pm; Bluestone, Mead, Wire Splices Tue 3/24 6:30pm; Radiator, Saws, Garage Lights Wed 3/25 6:30pm; Rooftop Garden, Stains, Shed Thu 3/26 6:30pm; Future House, Nick Offerman Fri 3/27 6:30pm; Water Heat, Panels, Astronaut Mon 3/30 6:30pm; Build It, Lighting, Mousetrap Tue 3/31 6:30pm

Austin City Limits
KQED+  St. Vincent Thu 3/1 11pm, Fri 3/13 5am; John Prine Thu 3/19 11pm, Fri 3/20 5am; Sam Smith/Anderson East Thu 3/26 11pm, Fri 3/27 5am

A Very British Romance with Lucy Worsley
KQED 9  Episode One Sun 3/1 8pm, Mon 3/2 2am & 1pm; Episode Two Sun 3/1 9:30pm, Mon 3/2 3:30am, Tue 3/3 1pm
KQED+  Episode One Tue 3/3 10pm, Wed 3/4 4am, Sun 3/8 8pm, Mon 3/9 2am; Episode Two Sun 3/8 9:30pm, Mon 3/9 3:30am, Tue 3/10 10pm, Wed 3/11 4am

Baking with Julia
KQED+  Martha Stewart, Part 1 of 2 Mon 3/2 2pm; Martha Stewart, Part 2 of 2 Mon 3/9 2pm; Nancy Silverton Mon 3/16 2pm; Michel Richard & Alice Medrich Mon 3/23 2pm; Lauren Groveman Mon 3/30 2pm

Bare Feet with Mickela Mallozzi
KQED+  Waltzing In Vienna (Vienna, Austria) Fri 3/20 11:30pm, Sat 3/21 5:30am; Malaysia, Part 1 (Western Malaysia) Fri 3/27 11:30am, Sat 3/28 5:30am

BBC World News America
KQED 9  #296H Mon 3/2 2:30pm & 5:30pm; #297H Tue 3/3 2:30pm & 5:30pm; #298H Wed 3/4 2:30pm & 5:30pm; #299H Thu 3/5 2:30pm & 5:30pm; #300H Fri 3/6 2:30pm & 5:30pm; #301H Mon 3/9 2:30pm & 5:30pm; #302H Tue 3/10 2:30pm & 5:30pm; #303H Wed 3/11 2:30pm & 5:30pm; #304H Thu 3/12 2:30pm & 5:30pm; #305H Fri 3/13 2:30pm & 5:30pm; #306H Mon 3/16 2:30pm & 5:30pm; #307H Tue 3/17 2:30pm & 5:30pm; #308H Wed 3/18 2:30pm & 5:30pm; #309H Thu 3/19 2:30pm & 5:30pm; #310H Fri 3/20 2:30pm & 5:30pm; #311H Mon 3/23 2:30pm & 5:30pm; #312H Tue 3/24 2:30pm & 5:30pm; #313H Wed 3/25 2:30pm & 5:30pm; #314H Thu 3/26 2:30pm & 5:30pm; #315H Fri 3/27 2:30pm & 5:30pm; #316H Mon 3/30 2:30pm & 5:30pm; #317H Tue 3/31 2:30pm & 5:30pm

BBC World News Outside Source
KQED 9  #134H Mon 3/2 5pm; #135H Tue 3/3 5pm; #136H Wed 3/4 5pm; #137H Thu 3/5 5pm; #138H Mon 3/9 5pm; #139H Tue 3/10 5pm; #140H Wed 3/11 5pm; #141H Thu 3/12 5pm; #142H Mon 3/16 5pm; #143H Tue 3/17 5pm; #144H Wed 3/18 5pm; #145H Thu 3/19 5pm; #146H Mon 3/23 5pm; #147H Tue 3/24 5pm; #148H Wed 3/25 5pm; #149H Thu 3/26 5pm; #150H Mon 3/30 5pm; #151H Tue 3/31 5pm

BBC World News Today
KQED 9  #110H Fri 3/6 5pm; #111H Fri 3/13 5pm; #112H Fri 3/20 5pm; #113H Fri 3/27 5pm

Best of Sewing with Nancy

Better Brain Solution with Steven Masley, MD
KQED 9  #000A Fri 3/13 10pm, Sat 3/14 4am
KQED+  #000A Sun 3/1 2pm

Beyond Recognition
KQED 9  #000H Wed 3/4 11:30pm, Thu 3/5 5:30am

Big Blue Live
KQED+  #102H Wed 3/4 4pm; #103H Wed 3/11 4pm

Bluegrass Now!
KQED 9  #000B Sat 3/7 9:30pm, Sun 3/8 3:30am
KQED+  #000B Sun 3/8 4:30pm, Thu 3/12 10am

Brain Wash with David Perlmutter, Md
KQED 9  #000B Sun 3/8 6pm, Mon 3/9 mid, Thu 3/12 10pm, Fri 3/13 4am
KQED+  #000B Mon 3/2 9pm, Tue 3/3 3am, Tue 3/10 10am, Sat 3/14 11am

Burt Wolf: Travels & Traditions
KQED+  Do The Right Thing Wed 3/4 12:30am; Cruising The Baltic Wed 3/4 9am; Kansas City, Part 2 Wed 3/11 12:30am; St. Augustine, Florida Wed 3/11 9am; Gone Fishing / Palm Beach / Part...
One Wed 3/18 12:30am; Have A Healthy Trip Wed 3/18 9am; Gone Fishing / Palm Beach / Part Two Wed 3/25 12:30am; Tea for Two Wed 3/25 9am

By Request: Best of Pledge
KQED 9 #000H Sat 3/21 6am & 1pm & 6pm, Sun 3/22 mid & 6am & 6pm, Mon 3/23 mid, Sat 3/28 6am & 1pm & 6pm, Sun 3/29 mid & 6am & 6pm, Mon 3/30 mid KQED+ #000H Sat 3/21 6am, Sun 3/22 mid & 6am, Mon 3/23 mid, Sat 3/28 6am, Sun 3/29 mid

California Coast
KQED 9 #000H Wed 3/18 11pm, Thu 3/19 5am

Call The Midwife
KQED 9 Episode One Sun 3/29 8pm, Mon 3/30 2am KQED+ #501H Thu 3/5 noon; #502H Fri 3/6 noon; #503H Mon 3/9 noon; #504H Tue 3/10 noon; #505H Wed 3/11 noon; #506H Thu 3/12 noon; #507H Fri 3/13 noon; #508H Mon 3/16 noon; #601H Tue 3/17 noon; #602H Wed 3/18 noon; #603H Thu 3/19 noon; #604H Fri 3/20 noon; #605H Mon 3/23 noon; #606H Tue 3/24 noon; #607H Wed 3/25 noon; #608H Thu 3/26 noon; #701H Fri 3/27 noon; #702H Mon 3/30 noon; #703H Tue 3/31 noon

Canvassing The World with Sean Diediker
KQED+ #101H Tue 3/3 6pm; #102H Tue 3/10 6pm; #103H Tue 3/17 6pm; #104H Tue 3/24 6pm; #105H Tue 3/31 6pm

Cat in the Hat Knows A Lot About That!
KQED 9 Blue Feet Are Neat/A Little Reef Magic Mon 3/2 12:30pm

Celtic Woman: Ancient Land
KQED 9 #000K Tue 3/17 8pm, Wed 3/18 2am KQED+ #000K Wed 3/4 9:30pm, Thu 3/5 3:30am, Tue 3/17 10am

Check, Please! Bay Area
KQED 9 #1406H Trattoria Da Vittorio, Jin Sho, San Jalisco Mon 3/2 7:30pm, Tue 3/3 1:30am; #1407H The Butcher's Son, Sol Food, Al's Place Thu 3/5 7:30pm, Fri 3/6 1:30am, Sat 3/7 noon; #1408H Honor Kitchen & Cocktails, De La Torre's Trattoria, Ichi Sushi Mon 3/9 7:30pm, Tue 3/10 1:30am; #1409H Cockscorb, Dobbs Ferry Restaurant, Cafe Gabriela Thu 3/12 7:30pm, Fri 3/13 1:30am, Sat 3/14 noon; #1410H Shinmai, Asmara Restaurant, The Ice Cream Bar Mon 3/16 7:30pm, Tue 3/17 1:30am; #1411H Beretta, 7 Mile House, The Cheese Board Collective Thu 3/19 7:30pm, Fri 3/20 1:30am, Sat 3/21 noon; #1412H Teleferic Barcelona, Sodini's Trattoria, Jubba Somali Restaurant Mon 3/23 7:30pm, Tue 3/24 1:30am; #1413H Roosevelt Tamale Parlor, Bravas Bar de Tapas, International Smoke Thu 3/26 7:30pm, Fri 3/27 1:30am, Sat 3/28 noon; #1414H Guiso Latin Fusion, Rich Table, Nyum Bai Mon 3/30 7:30pm, Tue 3/31 1:30am KQED+ #1208H Bistro Don Giovanni, El Molino Central, 1760 Mon 3/2 1pm; #1105H Gasthaus Leopold's, Tamarine Restaurant and Gallery, Sushi Rapture Tue 3/3 1pm; #1210H Guerilla Cafe, Buddy's Bites and Brews, Luka's Taproom & Lounge Wed 3/4 1pm; #1211H Mandalay, Back A Yard Caribbean American Grill, Pho Vi Hoa Thu 3/5 1pm; #1212H Flea Street Cafe, Metro Lafayette, Marin Sun Farms Butcher Shop and Restaurant Fri 3/6 1pm; #1213H Nopa, Mua, La Costanera Mon 3/9 1pm; #1214H L'Ardoise Bistro, Della Santina Trattoria, Perbacco Tue 3/10 1pm; #1216H waterfront Pizza and Mediterranean Restaurant, Saul's Restaurant & Delicatessen, Lolinda Wed 3/11 1pm; #1217H Rusty's Southern, Jupiter, Glen Ellen Star Thu 3/12 1pm; #1218H CALA, Moss Beach Distillery, Rocker Oysterfeller's Kitchen + Saloon Fri 3/13 1pm; #1219H Los Arquitos Restaurant, Lavash Restaurant, Seven Hills Mon 3/16 1pm; #1301H Speisekammer German Restaurant, Kate's Kitchen, ADEGA Tue 3/17 1pm; #1302H Rocco's Cafe, Maybeck's, Brenda's French Soul Food Wed 3/18 1pm; #1304H Buck's of Woodside, Noodles Pho Me, Gardenias Restaurant Thu 3/19 1pm; #1305H Bounty Hunter Wine Bar & Smokin' BBQ, REVE, Fiorella Fri 3/20 1pm; #1306H Sutro's at the Cliff House, El Coqui Puerto Rican Cuisine Mon 3/23 1pm; #1308H Agave Uptown, Sorella Caffe, One Market Restaurant Tue 3/24 1pm; #1310H Noe Valley Bakery, Athena Grill, Avatar's Restaurant Wed 3/25 1pm; #1311H 4505 Burgers & BBQ, Ramen Gaijin, Eight Tables by George Chen Thu 3/26 1pm; #1312H All Good Pizza, Kendejah Restaurant, Siam Bay Authentic Thai Cuisine Fri 3/27 1pm; #1313H Cuisine of Nepal, Mama Coco Cocina Mexicana Restaurant, The Restaurant at Wente Vineyards Mon 3/30 1pm; #1314H Uma Casa Restaurant, Ritu Indian Soul Food, Homeroom Mac + Cheese Tue 3/31 1pm

Chefs Life
KQED+ Liver Lover Wed 3/4 3pm; King Cornbread Wed 3/11 3pm; Sweet Corn & Expensive Tea Wed 3/18 3pm; Strawberry Stay at Home Wed 3/25 3pm

Christina Cooks: Back to the Cutting Board
KQED+ #101H Mon 3/16 3:30pm; #102H Mon 3/23 3:30pm; #103H Mon 3/30 3:30pm

Christopher Kimball's Milk Street Television
KQED 9 The New Australia Thu 3/5 7pm, Fri 3/6 1am KQED+ From Thailand with Love Tue 3/3 2:30pm; Tahini Rules! Tue 3/10 2:30pm; Mexico Every Single Day Tue 3/17 2:30pm; Milk Street Suppers Tue 3/24 2:30pm; Milk Street Italian Tue 3/31 2:30pm

Classical Stretch: By Essencies
KQED+ Full Body Workout Fri 3/27 7:30am; Posture
Country Music

Crossing South
KQED+ Skyline, Sweets, Fair & Fancy Thu 3/5 3pm, Crooner, Tigers, Drinks & Food Thu 3/5 3pm; San Felipe & Tecate Thu 3/5 3pm; Ultralights, Baja Studios, Lobster Thu 3/8 3:30pm

Curious George
KQED 9 The All-Animal Recycled Band/The Times of Sand Mon 3/2 7am

Daniel Tiger's Neighborhood
KQED 9 Daniel's New Friend/Same and Different Mon 3/2 10am; Daniel Goes to Sleep/Prince Wednesday Sleeps Over Mon 3/2 10:30am

Daylight Savings Time Begins
KQED 9 Sun 3/8 5am

DCI Banks
KQED+ To Burn In Every Drop of Blood Mon 3/8 3:35pm, Tue 3/8 3:35pm; A Little Bit of Heart Mon 3/10 3:35pm, Tue 3/11 3:35pm

Death In Paradise
KQED+ Season 8 Episode 7 Wed 3/18 9:34pm, Thu 3/19 3:34am; Season 8 Episode 8 Wed 3/25 9:34pm, Thu 3/26 3:34am

Dinosaur Train
KQED 9 The Tiny-Saur Train/How Many Horns Mon 3/2 noon; Dinosaur Big City, Pt. 3/Dinosaur Big City, Pt. 4 Sat 3/7 6:30am

Doo Wop to Pop Rock: My Music Celebrates 20 Years
KQED 9 #000B Sun 3/1 9:30am, Sat 3/7 1pm
KQED+ #000B Thu 3/2 8:30pm, Fri 3/3 2:30am, Sat 3/14 6:30am, Sun 3/15 3:30pm

Downton Abbey Season 4 On Masterpiece
KQED+ Part Three Tue 3/3 7pm, Wed 3/4 1am; Part Four Tue 3/3 8:30pm, Wed 3/4 2:30am; Part Five Tue 3/10 7pm, Wed 3/11 1am; Part Six Tue 3/10 8:30pm, Wed 3/11 2:30am; Part Seven Tue 3/17 7pm, Wed 3/18 1am; Part Eight Tue 3/18 8:30pm, Wed 3/21 2:30am

Downton Abbey Season 5 On Masterpiece
KQED+ Episode One Tue 3/24 9pm, Wed 3/25 3am; Episode Two Tue 3/24 10:12pm, Wed 3/25 4:12am; Episode Three Tue 3/31 9pm; Episode Four Tue 3/31 10pm

Dr. Fuhrman's Food As Medicine
KQED 9 #000B Sun 3/1 3am, Thu 3/5 1pm, Mon 3/9 9:30pm, Tue 3/10 3:30am, Sat 3/14 2pm
KQED+ #000L Sun 3/1 4pm, Wed 3/11 9pm, Thu 3/12 3am, Fri 3/13 10am, Sun 3/15 11:30am

Duran Duran: A Diamond in the Mind
KQED 9 #000B Sun 3/1 4:30am, Fri 3/6 10pm, Sat 3/7 4am
KQED+ #000B Sat 3/7 9pm, Sun 3/8 3am

Earth’s Sacred Wonders
KQED 9 House of the Divine Wed 3/25 10pm, Thu 3/26 4am

East Lake Meadows: A Public Housing Story
KQED 9  #000B Tue 3/24
8pm, Wed 3/25 2am

Elizabeth Murray: American Masters
KQED+  #3203H Thu 3/26
10pm, Fri 3/27 4am

Emma Goldman: American Experience
KQED+  Emma Goldman
Sun 3/8 11pm, Mon 3/9 5am

Emotional Brain Training with Dr. Laurel Mellin
KQED 9  #000( Sat 3/7
11:30am, Tue 3/10 2pm, Sat 3/14
7:30pm, Sun 3/15 1:30am
KQED+  #000( Mon 3/2
11:30am, Mon 3/16 11:30am

Endeavour Season 3 On Masterpiece
KQED+  Ride Wed 3/18
10:30pm, Thu 3/19 4:30am;
Arcadia Wed 3/25 10:30pm, Thu
3/26 4:30am

Essential Pepin
KQED+  Classic Conclusions Tue 3/3 2pm: Easy and Elegant Seafood Tue 3/10 2pm;
Cattle Call Tue 3/17 2pm; Fruit Fete Tue 3/24 2pm; Vegetable Bounty Tue 3/31 2pm

Expedition with Steve Backshall
KQED 9  Greenland - Ice Mountain
Wed 3/4 8:30pm, Thu 3/5 2:30am, Sun 3/8 9:30am, Sun 3/15 9pm, Mon 3/16 3am
KQED+  Greenland - Ice Mountain
Sat 3/7 7:30pm, Sun 3/8 1:30am

Family Travel with Colleen Kelly
KQED+  Chattanooga, Tennessee - Moonpies, Incline Railway, and the View of Seven States Thu 3/5 9am; Pittsburgh - Heinz History, Awesome Aviary & Incline Views Thu 3/5 3:30pm;
Dallas, Texas - The Texas State Fair, City Sunsets, and Tex Mex Thu 3/12 9am; Frankenmuth - Michigan's Little Bavaria Thu 3/12 3:30pm; Oxnard, California - California, Here We Come! Thu 3/19 9am; The Keys - Episode 2 -

Beach Camping In Florida Thu 3/19 3:30pm; The Best of Season 4 - A Year of Traveling Thu 3/26 9am; Amelia Island - Turtle Escapades, Shrimping Adventures & Petanque Play Thu 3/26 3:30pm

Farmer and the Foodie
KQED+  Coming Around One Table with Common Earth Gardens Mon 3/2 3:30pm; Tackling Carp In Western Kentucky Mon 3/9 3:30pm

Father Brown
KQED+  The Skylark Scandal Mon 3/23 8pm, Tue 3/24 2am; The Honourable Theif Mon 3/30 8pm, Tue 3/31 2am

Field Trip with Curtis Stone
KQED 9  Margaret River
Tue 3/31 7:30pm

Film School Shorts
KQED 9  Night Shifts Sun 3/8 11:30pm, Mon 3/9 5:30am

Finding Your Roots
KQED+  The Impression Wed 3/18 7pm, Thu 3/19 1am, Tue 3/24 10am; Unfamiliar Kin Wed 3/25 7pm, Thu 3/26 1am, Tue 3/31 10am

Fine Line: A Woman's Place Is in the Kitchen
KQED 9  #000H Fri 3/20
10pm, Sat 3/21 4am

Firing Line with Margaret Hoover
KQED 9  #336H Fri 3/6 11:30pm, Sat 3/7 5:30am; #338H Fri 3/20 11:30pm, Sat 3/21 5:30am; #339H Fri 3/27 11:30pm, Sat 3/28 5:30am

Fit 2 Stitch
KQED+  The Jean Jacket Fri 3/6 8am; Seam Finishes Fri 3/13 8am; The Jacket Fri 3/20 8am; Sewing, Lining, and Fusing The Jacket Fri 3/27 8am

Fons & Porter's Love of Quilting
KQED+  Magic and Illusion Mon 3/2 8am; Applique In Bloom Mon 3/9 8am; Cozy Mon

3/16 8am; Snail's Trail Mon 3/23
8am; Pops of Poinsettia Mon 3/30 8am

Food Fix with Mark Hyman, Md
KQED 9  #000B Sun 3/1
6pm, Mon 3/2 mid, Tue 3/10 7pm, Wed 3/11 1am, Sun 3/15 1:30pm
KQED+  #000B Mon 3/2
7pm, Tue 3/3 1am, Wed 3/4 10am, Sat 3/7 4pm, Mon 3/16 10pm, Tue 3/17 4am

Forces of Nature
KQED+  Shape Wed 3/18
11am; Elements Thu 3/19 11am;
Color Fri 3/20 11am; Motion Wed 3/25 11am

Forsyte Saga, The
KQED+  Episode 11 Mon 3/2 noon; Episode 12 Tue 3/3 noon; Episode 13 Wed 3/4 noon; Episode 1 Tue 3/24 7pm, Wed 3/25 1am;
Episode 2 Tue 3/31 7pm

Frankie Drake Mysteries
KQED+  The Old Switcheroo Mon 3/23 8:47pm, Tue 3/24 2:47am & 11:07pm, Wed 3/25 5:07am; Last Dance Mon 3/30
8:47pm, Tue 3/31 2:47am & 11pm

Front and Center
KQED+  Gary Clark Jr.
Sun 3/15 11pm, Mon 3/16 5am

Frontline
KQED 9  Nra Under Fire
Tue 3/24 10pm, Wed 3/25 4am;
Plastic Wars Tue 3/31 10pm

Game On: Women Can Coach
KQED 9  #000H Thu 3/5
11pm, Fri 3/6 5am

GardenSmart
KQED+  #5706H Wed 3/4
8:30am; #5707H Wed 3/11 8:30am;
#5708H Wed 3/18 8:30am; #5709H Wed 3/25 8:30am

Garth Brooks: The Library of Congress Gershwin Prize for Popular Song
KQED+  #000H Sun 3/29
10:30pm, Mon 3/30 4:30am

George Hirsch Lifestyle
Happy Yoga with Sarah Starr
KQED+  Sunflowers at Dusk Tue 3/3 6:30am; Red Rock Panoramic Fri 3/6 6:30am; Cascading River Tue 3/10 6:30am; Glowing Sunflower Sunset Fri 3/13 6:30am; Lace Meadow Tue 3/17 6:30am; Island Breeze Fri 3/20 6:30am; Sunflower Glo Tue 3/24 6:30am; Sunflowers Galore Fri 3/27 6:30am; Waves Tue 3/31 6:30am

Hedy Lamarr: American Masters
KQED+  #3104H Thu 3/19 9pm, Fri 3/20 3am

History Detectives Special Investigations
KQED+  Sheridan's House, Mark Twain Watch, Prisoner Poem Mon 3/23 7pm, Tue 3/24 1am, Wed 3/25 10am; The Love Dish, Rebel Gun, Prison Plague Mon 3/30 7pm, Tue 3/31 1am

Holly Near: American Masters
KQED+  #3204H Thu 3/26 9pm, Fri 3/27 3am

Il Divo: Timeless - Live In Japan
KQED+  #000B Sun 3/1 1am, Thu 3/5 9pm, Fri 3/6 3am

Il Volo: Ten Years
KQED  #000K Mon 3/2 9:30pm, Tue 3/3 3:30am
KQED+  #000K Sun 3/1 6pm, Mon 3/2 mid

Independent Lens
KQED  One Child Nation Mon 3/30 10pm, Tue 3/31 4am

In Julia's Kitchen with Master Chefs
KQED+  Jasper White Thu 3/5 2pm; Lynne Rossetto Kasper Thu 3/12 2pm; Jimmy Snied Thu 3/19 2pm; Madhur Jaffrey Thu 3/26 2pm

Inspector Morse
KQED+  Deadly Slumber Fri 3/6 8pm, Sat 3/7 2am; The Day of the Devil Fri 3/13 8pm, Sat 3/14 2am; Twilight of the Gods Fri 3/20 8pm, Sat 3/21 2am; The Way Through The Woods Fri 3/27 8pm, Sat 3/28 2am

It's Sew Easy
KQED+  Simply Elegant Fri 3/6 1:30pm; Flavor Fiesta Fri 3/13 1:30pm; Swimming Upstream Fri 3/20 1:30pm; Italian Love Affair Fri 3/27 1:30pm

Joanne Weir's Cooking Confidence
KQED  Let Them Eat Cake Thu 3/12 7pm, Fri 3/13 1am; Spit-Roasted Lamb Thu 3/19 7pm, Fri 3/20 1am; Salty Salzburg Thu 3/26 7pm, Fri 3/27 1am
KQED+  Take Me to Spain Wed 3/24 1:30pm; Tomatoes Two-Ways Wed 3/31 1:30pm; October Fest Wed 3/31 1:30pm; Wine Cellar and Prosciutto Wed 3/25 1:30pm

Joanne Weir's Plates and Places
KQED  #000B Tue 3/10 10:30pm, Wed 3/11 4:30am

Joni Mitchell Live at the Isle of Wight Festival 1970
KQED  #000B Sat 3/14 11pm, Sun 3/15 5am
KQED+  #000B Wed 3/4 7pm, Thu 3/5 1am

Joseph Rosendo's Travelscope
KQED+  Bhutan - Part 1 - Gross National Happiness Tue 3/3
Let's Go Luna!
KQED 9  #136H Sun 3/1
6:30am, Tue 3/10 9:30am

Lidia's Kitchen
KQED 9  A Roman
Interlude Sat 3/7 12:30pm, Wed
3/25 7pm, Thu 3/26 1am;
Restaurant Inspiration Sat 3/14
12:30pm; The Sweetest Hits Wed
3/18 7pm, Thu 3/19 1am; Simply
Delizioso Sat 3/21 12:30pm; From
Italy to America Sat 3/28 12:30pm
KQED+  Cultured
Comforts Wed 3/4 2pm;
Restaurant's Greatest Hits Wed
3/11 2pm; Mediterranean
Essentials Wed 3/18 2pm; A
Stovetop Dinner Wed 3/25 2pm

Life 201 with Adiel Gorel
KQED 9  #000K Mon 3/9
1pm, Wed 3/11 10:30pm, Thu 3/12
4:30am
KQED+  #000K Fri 3/13
10:30pm, Sat 3/14 4:30am

Life from Above
KQED+  Moving Planet
Sun 3/1 12:30pm

Lionel Richie at Glastonbury
KQED+  #000B Sun 3/1
9:30pm, Mon 3/2 3:30am, Thu 3/5
10am

Little Women On Masterpiece
KQED 9  Part One Sun
3/22 8pm, Mon 3/23 2am; Part Two
Sun 3/22 9pm, Mon 3/23 3am; Part
Three Sun 3/22 10pm, Mon 3/23
4am

Live Better Now with Mimi
Guarneri, Md
KQED 9  #000B Fri 3/13
1pm

Longevity Paradox with Steven
Gundry, MD
KQED 9  #000B Sun 3/1
7am, Wed 3/4 10pm, Thu 3/5 4am,
Sun 3/15 10:30pm, Mon 3/16
4:30am
KQED+  #000B Fri 3/6
10:30pm, Sat 3/7 4:30am

Lost River Sessions

KQED+  Jeffrey Foucault
Sat 3/7 mid; Dana Sipos Sat 3/7
12:30am; Erin Rae Sat 3/14 mid;
Devon Gilfillian Sat 3/14 12:30am;
The Local Honeyes Sat 3/21 mid;
Dead Broke Barons Return Sat 3/21
12:30am; Becca Richardson Sat
3/28 mid; The Josephines Sat 3/28
12:30am

Make48
KQED+  #205H Fri 3/6
6pm; #206H Fri 3/13 6pm; #207H
Fri 3/20 6pm; #208H Fri 3/27 6pm

Mankiller
KQED+  #000H Thu 3/26
7pm, Fri 3/27 1am

Marian Anderson: Once in a
Hundred Years
KQED 9  #000B Sat 3/14
9:30pm, Sun 3/15 3:30am
KQED+  #000B Sun 3/1
4:30am, Thu 3/5 10:30pm, Fri 3/6
4:30am

Martha Bakes
KQED+  Perfect Puff
Pastry Fri 3/6 2pm; Embellished
Pies Fri 3/13 2pm; Frosted Cakes
Fri 3/20 2pm; Patterned Fri 3/27
2pm

Martha Stewart's Cooking School
KQED+  Preserving Wed
3/4 2:30pm; Legumes Wed 3/11
2:30pm; Shrimp Wed 3/18 2:30pm;
Perfect Roast Wed 3/25 2:30pm

Medicine Woman
KQED+  #000H Wed 3/11
11pm, Thu 3/12 5am

Michael Kaeshammer: Boogie on
the Blues Highway
KQED 9  Mon 3/16 1pm
KQED+  Sun 3/15
9:30pm, Mon 3/16 3:30am

Midsomer Murders
KQED+  Murder of
Innocence, Part 1 Wed 3/18 8pm,
Thu 3/19 2am; Murder of
Innocence, Part 2 Wed 3/18
8:51pm, Thu 3/19 2:51am; Written
in the Stars, Part 1 Wed 3/25 8pm,
Thu 3/26 2am; Written in the Stars,
Part 2 Wed 3/25 8:49pm, Thu 3/26 2:49am

Mister Rogers: It's You I Like
KQED+ #000B Sun 3/1
11am, Mon 3/16 8:30pm, Tue 3/17 2:30am

Mister Rogers' Neighborhood
KQED 9 Big Bird Comes to Call/Feelings About Contests Sat 3/7 6am

Molly of Denali
KQED 9 Grandpa's Drum/Have Canoe, Will Paddle
Mon 3/2 8:30am

MotorWeek
KQED+ #3929H Tue 3/24
11am; #3930H Tue 3/31 11am

Nat King Cole's Greatest Songs (My Music)
KQED 9 #000B Mon 3/16
8pm, Tue 3/17 2am

Nature
KQED 9 Equus: Story of the Horse: Origins Sun 3/1 2pm;
KQED+ Arctic Wolf Pack
Tue 3/3 4pm; The Whale Detective Sat 3/7 6pm, Sun 3/8 mid; American Spring LIVE: Birth and Rebirth Tue 3/10 4pm; India's Wandering Lions Fri 3/13 4pm; American Spring LIVE: Migration Tue 3/17 4pm; American Spring LIVE: Connections Tue 3/24 4pm; The World's Most Wanted Animal Fri 3/27 11am, Tue 3/31 4pm

Nature Cat
KQED 9 Freezin' in the Summer Season/Total Eclipse of the Sun Mon 3/2 7:30am

Niall Ferguson's Networld
KQED 9 Disruption Wed 3/18 8pm, Thu 3/19 2am; Winner Takes All Wed 3/18 9pm, Thu 3/19 3am; Networld War Wed 3/18 10pm, Thu 3/19 4am
KQED+ Disruption Thu 3/19 4pm; Winner Takes All Fri 3/20 4pm; Networld War Wed 3/25 4pm

No Passport Required
KQED+ Seattle Thu 3/19 8pm, Fri 3/20 2am; Los Angeles Thu 3/26 8pm, Fri 3/27 2am

Nova
KQED 9 Transplanting Hope Wed 3/25 9pm, Thu 3/26 3am
KQED+ Secrets of the Forbidden City Thu 3/5 4pm;
Chinese Chariot Revealed Thu 3/12 4pm; Transplanting Hope Thu 3/26 4pm

Odd Squad
KQED+ The Void/Into The Odd Woods Mon 3/2 5pm

On Story
KQED 9 Script to Screen: A Quiet Place Thu 3/19 11:30pm, Fri 3/20 5:30am; Planet of the Apes: Reimagining A Sci-Fi Franchise Thu 3/26 11:30pm, Fri 3/27 5:30am

P. Allen Smith's Garden Home
KQED+ Homesteaders USA Mon 3/2 8:30am; Charming Charleston Mon 3/9 8:30am; Oils All Around Mon 3/16 8:30am; When Kids Takeover Mon 3/23 8:30am; Upcycle Your Life Mon 3/30 8:30am

Pati's Mexican Table
KQED+ Surfside Eats Thu 3/5 1:30pm; A Day In Sinaloa's Countryside Thu 3/12 1:30pm; Home Cooking Sinaloa Style Thu 3/19 1:30pm; How Do You Say Tucson? Thu 3/26 1:30pm

PBS NewsHour
KQED 9 #12776H Mon 3/2 3pm & 6pm; #12777H Tue 3/3 3pm & 6pm; #12778H Wed 3/4 3pm & 6pm; #12779H Thu 3/5 3pm & 6pm; #12780H Fri 3/6 3pm & 6pm; #12781H Mon 3/9 3pm & 6pm; #12782H Tue 3/10 3pm & 6pm; #12783H Wed 3/11 3pm & 6pm; #12784H Thu 3/12 3pm & 6pm; #12785H Fri 3/13 3pm & 6pm; #12786H Mon 3/16 3pm & 6pm; #12787H Tue 3/17 3pm & 6pm; #12788H Wed 3/18 3pm & 6pm; #12789H Thu 3/19 3pm & 6pm; #12790H Fri 3/20 3pm & 6pm; #12791H Mon 3/23 3pm & 6pm; #12792H Tue 3/24 3pm & 6pm; #12793H Wed 3/25 3pm & 6pm; #12794H Thu 3/26 3pm & 6pm; #12795H Fri 3/27 3pm & 6pm; #12796H Mon 3/30 3pm & 6pm; #12797H Tue 3/31 3pm & 6pm

PBS NewsHour Weekend
KQED 9 #1270H Sun 3/1 5:30pm; #1271H Sat 3/7 5:30pm; #1272H Sun 3/8 5:30pm; #1273H Sun 3/15 5:30pm; #1275H Sat 3/21 5:30pm; #1276H Sun 3/22 5:30pm; #1277H Sat 3/28 5:30pm; #1278H Sun 3/29 5:30pm

Pink Floyd: Live In Venice
KQED+ #000B Sat 3/7
10:30pm, Wed 3/11 10am

Polio Crusade: American Experience
KQED 9 #2102# Tue 3/31
9pm

POV
KQED 9 The Rescue List
Mon 3/23 10pm, Tue 3/24 4am

Prime Suspect
KQED 9 Price to Pay Part 1 of 2 Thu 3/19 9:30pm, Fri 3/20 3:30am; Price to Pay Part 2 of 2 Thu 3/26 9:30pm, Fri 3/27 3:30am

Pushout: The Criminalization of Black Girls In School
KQED 9 #000H Tue 3/31
11pm

Quilting Arts
KQED+ Depth and Dimension Thu 3/5 8am; Mix It Up Thu 3/12 8am; Nature Thu 3/19 8am; Unconventional Thu 3/26 8am
Ready Jet Go!
KQED 9  Aint No Mars
Mountain High Enough/Treasure
Hunt Mon 3/2 6am

Reconnecting Roots
KQED+  #101H Thu 3/5
12:30am; #102H Thu 3/12
12:30am; #103H Thu 3/19
12:30am; #104H Thu 3/26 12:30am

Relieving Stress with Yoga with
Peggy Cappy
KQED 9  #000B Sun 3/1
8:30am, Mon 3/2 11pm, Tue 3/3
5am, Thu 3/5 10pm, Fri 3/6 4am,
Sat 3/7 7am & 11pm, Sat 3/14 1pm
KQED+  #000B Fri 3/6
7pm, Sat 3/7 1am

Resistance
KQED 9  #101H Sun 3/22
11pm, Mon 3/23 5am; #102H Sun
3/29 11pm, Mon 3/30 5am

Retire Safe & Secure with Ed
Slott
KQED 9  2020 Fri 3/13
8pm, Sat 3/14 2am
KQED+  2020 Sat 3/14
2:30pm, Sun 3/15 7am

Revolution of the Heart: The
Dorothy Day Story
KQED+  #000H Mon 3/30
11:02pm, Tue 3/31 5:02am

Rick Steves Europe
KQED 9  Travel Skills:
Cruising Sat 3/7 6pm, Sun 3/8 mid;
England’s Cornwall Sat 3/7
6:41pm, Sun 3/8 12:41am; Siena
and Tuscany’s Wine Country Sat 3/7
7:07pm, Sun 3/8 1:07am
KQED+  Istanbul Mon 3/2
9:30am; Paris Side-Trips Fri 3/6
3:30pm; Iran:Tehran and Side
Trips Mon 3/9 9:30am; The Best of
Israel Fri 3/13 3:30pm; Iran’s
Historic Capitals Mon 3/16
9:30am; Palestine Fri 3/20 3:30pm;
Rome: Ancient Glory Mon 3/23
9:30am; Italy’s Riviera: Cinque
Terre Fri 3/27 3:30pm; Rome:
Baroque Brilliance Mon 3/30
9:30am

Rick Steves Hunger and Hope:
Lessons from Ethiopia and
Guatemala
KQED 9  #000H Sat 3/7
7:51pm, Sun 3/8 1:51am

Rick Steves Spring 2020
Marathon
KQED 9  #000H Wed 3/11
7pm, Thu 3/12 1am, Sun 3/15
6:30am
KQED+  #000H Mon 3/9
7pm, Tue 3/10 1am, Sat 3/14 6pm,
Sun 3/15 mid

Rise Up: Songs of the Women’s
Movement
KQED 9  Mon 3/2 8pm,
Tue 3/3 2am, Fri 3/6 1pm, Sat 3/14
8pm, Sun 3/15 2am & 10am
KQED+  Wed 3/4 8pm,
Thu 3/5 2am

Roadtrip Nation
KQED+  Rattle The Cage
Tue 3/3 9:30am; Rounding The
Bend Fri 3/6 mid, Tue 3/24 9:30am;
Connecting The Dots Tue 3/10
9:30am; The Long Road Home  Fri
3/13 mid, Tue 3/17 9:30am; Time to
Jump Tue 3/17 9:30am; Whirlwind
of Awesomeness Fri 3/20 mid; East
Meets West Fri 3/27 mid

Royal Wives at War
KQED 9  #000H Sun 3/1
11pm, Mon 3/2 5am

Rudy Maxa’s World
KQED+  Rajasthan Tue
3/3 3:30pm; Istanbul, Turkey Wed
3/4 9:30am, Tue 3/10 3:30pm;
Turkey’s Turquoise Coast Wed 3/11
9:30am, Tue 3/17 3:30pm;
Bangkok, Thailand Wed 3/18
9:30am, Tue 3/24 3:30pm;
Thailand, Golden Triangle Wed
3/25 9:30am, Tue 3/31 3:30pm

Samantha Brown’s Places to Love
KQED+  Phoenix, Arizona
Mon 3/2 9am; Budapest, Hungary
Wed 3/4 3:30pm; Vienna, Austria
Mon 3/9 9am; The Florida Keys &
Key West Wed 3/11 3:30pm; The
Southern Finger Lakes, NY Mon
3/16 9am; Top of the South Island,
NZ Wed 3/18 3:30pm; Auckland,
New Zealand Mon 3/23 9am;

Sonoma County, California Wed
3/25 3:30pm; The Coastline of
Maine Mon 3/30 9am

Sara’s Weeknight Meals
KQED 9  #009H Tue 3/17
7:30pm, Wed 3/18 1:30am; #910H
Tue 3/24 7:30pm, Wed 3/25 1:30am
KQED+  Two for One Mon
3/2 2:30pm; Girls at the Grill with
Elizabeth Karmel Mon 3/9 2:30pm;
Breakfast for Dinner Mon 3/16
2:30pm; Sandwich Night Mon 3/23
2:30pm; Salad: It’s Easy Being
Green Mon 3/30 2:30pm

Saturday Night Movie
KQED 9  Legally Blonde
Sat 3/28 8pm, Sun 3/29 2am; The
Handmaid’s Tale (1990) Sat 3/28
10pm, Sun 3/29 4am

Saturday Night Movie Intro
KQED 9  #101H Sat 3/28
8pm & 10pm, Sun 3/29 2am & 4am

Scigirls Stories: Latinas at Work
KQED+  #000H Fri 3/27
4:30pm

Scigirls Stories: Real Women,
Real Jobs
KQED+  #000H Fri 3/27
4:30pm

Secrets of the Dead
KQED 9  Ben Franklin’s
Bones Tue 3/31 8pm

Sesame Street
KQED 9  Grocery Games
Mon 3/2 11am; Rudy Rides The Bus
Wed 3/18 1pm

Sesame Street: 50 Years & Still
Sunny!
KQED 9  #000H Mon 3/9
8pm, Tue 3/10 2am, Sat 3/14 6pm,
Sun 3/15 mid & 3:30pm
KQED+  #000K Sat 3/14
4:30pm, Sun 3/15 9am, Mon 3/16
7pm, Tue 3/17 1am

Simply Ming
KQED 9  Ming Tsai with
Guest Ken Oringer Wed 3/18
7:30pm, Thu 3/19 1:30am; Ming
Tsai with Guest Michael Schlow
Wed 3/25 7:30pm, Thu 3/26 1:30am
**Fayetteville, AR**

**KQED+**

- **Start Up**
  - Mon 3/2 6pm; Wine Wardrobe Mon 3/9 6pm; Pedaling Cakes Mon 3/16 6pm; Grassroots Ranch / Tulsa, Ok Mon 3/23 6pm; Lfis Shoes / Fayetteville, Ar Mon 3/30 6pm

- **Sit and Be Fit**
  - We’ve Gone Country Mon 3/2 7am; Don’t Forget Your Fingers Tue 3/3 7am; Vestibular System Wed 3/4 7am; Breathing Thu 3/5 7am; Stretching Fri 3/6 7am; Relaxation Mon 3/9 7am; Maintain Independence Tue 3/10 7am; Resistance Exercises Wed 3/11 7am; Feel Your Best Thu 3/12 7am; Fundamental Moves: Fri 3/13 7am; Kinesthetic Awareness Mon 3/16 7am; Static Balance Tue 3/17 7am; Pelvic & Ribcage Mobility Wed 3/18 7am; Strong Back Strong Core Thu 3/19 7am; Neuromuscular Coordination Fri 3/20 7am; Release Tension Through Exercise Mon 3/23 7am; Strengthening Muscles & Joints Tue 3/24 7am; A Healthy Back Wed 3/25 7am; Better Balance Thu 3/26 7am; Improve Your Mood Fri 3/27 7am; Lighthearted Exercises Mon 3/30 7am; Back and Abdominal Strengthening Tue 3/31 7am

- **Somewhere South**
  - KQED 9
  - American As Hand Pie Fri 3/27 9pm, Sat 3/28 3am

- **Soul Legends (My Music)**
  - KQED 9
  - #000B Sun 3/8 6am
  - KQED+ #000B Sun 3/1 2:30am & 7am, Fri 3/6 10am, Wed 3/11 7pm, Thu 3/12 1am, Sun 3/15 6pm, Mon 3/16 mid

- **Splash and Bubbles**
  - KQED 9
  - Whitebeard/Coral Day Wed 3/18 1:30pm

- **Step It up with Steph**
  - KQED+ Boost Your Energy Thu 3/5 6:30am; Reinvest Yourself Thu 3/12 6:30am; Dealing with Menopause Thu 3/19 6:30am; Drive Your Career Thu 3/26 6:30am

- **Steven Raichlen’s Project Smoke**
  - KQED+ The Big Smoke Tue 3/3 3pm; Behind The Smoke Tue 3/10 3pm; Much at Steak Tue 3/17 3pm; Hot Stuff Tue 3/24 3pm; Fire Meets Water Tue 3/31 3pm

- **Sun Studio Sessions**
  - KQED 9
  - The Wealthy West Mon 3/9 11:30pm, Tue 3/10 5:30am; Amy Lavere Mon 3/23 11:30pm, Tue 3/24 5:30am; Ghost Town Blues Band Mon 3/30 11:30pm, Tue 3/31 5:30am
  - KQED+ Rebecca Haviland & The Whiskey Heart Sun 3/8 4:30am

- **Suze Orman’s Ultimate Retirement Guide**
  - KQED 9
  - #000B Sun 3/1 1am & noon, Tue 3/3 9pm, Wed 3/4 3am, Sat 3/7 3:30pm, Sun 3/8 9:30pm, Mon 3/9 3:30am, Sat 3/14 10am
  - KQED+ #000B Sun 3/1 7:30pm, Mon 3/2 1:30am, Tue 3/3 10am, Thu 3/5 7pm, Fri 3/6 1am, Sat 3/14 9:30pm, Sun 3/15 3:30am & 1:30pm

- **tasteMAKERS**
  - KQED 9
  - #204H Fri 3/20 11pm, Sat 3/21 5am; #205H Fri 3/27 11pm, Sat 3/28 5am
  - KQED+ #205H Wed 3/4 6pm, Fri 3/20 9am; #203H Fri 3/6 9am; #206H Wed 3/11 6pm, Fri 3/27 9am; #204H Fri 3/13 9am; #207H Wed 3/18 6pm; #208H Wed 3/25 6pm

- **Taste of Malaysia with Martin Yan**
  - KQED+ Loyal Friends In Setiawarn Mon 3/2 1:30pm; Eight Million Cups of Tea Mon 3/9 1:30pm; Penang Heritage Mon 3/16 1:30pm; Langkawi Mon 3/23 1:30pm; Cradle of Malaysia Mon 3/30 1:30pm

- **The Brain with David Eagleman**
  - KQED+ What Is Reality? Mon 3/30 4pm

- **The Chaperone On Masterpiece**
  - KQED 9 #493# Sun 3/29 9pm, Mon 3/30 3am

- **The Crowd & The Cloud**
  - KQED+ Citizens4earth Fri 3/6 4pm

- **The Inn at Little Washington: A Delicious Documentary**
  - KQED 9 #000H Fri 3/27 10pm, Sat 3/28 4am

- **The Jazzy Vegetarian**
  - KQED+ Spectacular Summer Salads Mon 3/2 3pm; Super Party Menu Mon 3/9 3pm; New York, New York Mon 3/16 3pm; Winter Celebration Mon 3/23 3pm; Pizza with a Twist! Mon 3/30 3pm

- **This Old House Hour**
  - KQED+ Paradise Lost; Loose Railing, Smart Thermostat Mon 3/23 11am; Cape Ann Shingle Style; Cherry Blossoms, Mount Rushmore Mon 3/30 11am

- **Tim Janis Celtic Heart**
  - KQED 9 #000B Tue 3/17 1pm
  - KQED+ #000B Tue 3/17 10:30pm, Wed 3/18 4:30am

- **To Dine for with Kate Sullivan**
  - KQED+ M. Night Shyamalan, Director Thu 3/5 6pm; Gianjali Rao, Inventor Thu 3/12 6pm; Katori Hall, Playwright Thu 3/19 6pm; Erik Weihenmayer, Athlete Thu 3/26 6pm

- **Travel Detective with Peter Greenberg**
Wed 3/18 mid; Hidden Gems of Riviera Nayarit Wed 3/25 mid

Travels with Darley
KQED+ West Virginia Adventures Thu 3/5 9:30am; France’s Western Front I Thu 3/12 9:30am; France’s Western Front Part II Thu 3/19 9:30am; Missouri’s Route 66 & St. Louis Thu 3/26 9:30am

Truly CA: Our State, Our Stories
KQED 9 Political Animals Fri 3/20 8pm, Sat 3/21 2am; The Migrant Kitchen Fri 3/27 8pm, Sat 3/28 2am

Vera
KQED 9 Dark Road Thu 3/5 8pm, Fri 3/6 2am; Tuesday’s Child Thu 3/12 8pm, Fri 3/13 2am; The Moth Catcher Thu 3/19 8pm, Fri 3/20 2am; The Sea Glass Thu 3/26 8pm, Fri 3/27 2am

Wai Lana Yoga
KQED+ Nerves Frayed Mon 3/2 6am; Cradle Rock Tue 3/3 6am; Sports Protection Wed 3/4 6am; Terrific Triangle Twist Thu 3/5 6am; Tummy Tighteners Fri 3/6 6am; Stick ‘em Up! Mon 3/9 6am; Rise and Shine! Tue 3/10 6am; Agnisar Kriya Wed 3/11 6am; Pain in the Neck? Thu 3/12 6am; Shrug Off Shoulder Tension Fri 3/13 6am; Torso Twist Toes Touch Mon 3/16 6am; Legs Up Tue 3/17 6am; Cut Abs with Scissors Wed 3/18 6am; The Sacrum Rock Thu 3/19 6am; Cannonball Fri 3/20 6am; Side-Lying Stretch Mon 3/23 6am; Crane Poses Tue 3/24 6am; Lower Back Special (Part 1) Wed 3/25 6am; Lower Back Special (Part 2) Thu 3/26 6am; Un-Knot Your Neck Fri 3/27 6am; Lean On It! (Part 1) Mon 3/30 6am; Tip-Top Trio Tue 3/31 6am

Washington Week
KQED 9 #5937H Fri 3/6 7:30pm, Sat 3/7 1:30am; #5938H Fri 3/13 7:30pm, Sat 3/14 1:30am; #5939H Fri 3/20 7:30pm, Sat 3/21 1:30am; #5940H Fri 3/27 7:30pm, Sat 3/28 1:30am

Wild Kratts
KQED 9 Praying Mantis Mon 3/2 8am

Women, War & Peace
KQED+ Wave Goodbye to Dinosaurs Fri 3/20 10am; The Trials of Spring Mon 3/23 10am; Naila and the Uprising Fri 3/27 10am; A Journey of a Thousand Miles: Peacekeepers Mon 3/30 10am

Woodsongs
KQED+ Cherish The Ladies and Tim O’Brien Band Tue 3/5 mid; Celebrating Folk Icon Si Kahn Tue 3/10 mid; John Paul White and Sideline Tue 3/17 mid; Michael Johnathon and the Ohio Valley Symphony Tue 3/24 mid; The Lee Boys and Grady Champion Tue 3/31 mid

Xavier Riddle and the Secret Movie: I Am Madam President
KQED 9 #000H Mon 3/16 9am, Wed 3/18 7:30am, Fri 3/20 9am
KQED+ #000H Mon 3/16 5pm, Fri 3/20 5pm

Xavier Riddle and the Secret Museum

Yoga In Practice